

Aikido

Intro Workshop

Saturday, January 5th at 1:30pm

Discover the dynamic movements
and philosophy of Aikido.

This one-hour workshop is tailored
to adults new to the martial arts.

\$10 workshop fee can be applied to
membership. Refreshments follow.
Pre-registration encouraged.



intro classes begin

Tuesday, January 8th at 6:15pm

intro classes meet T/Th at 6:15pm

regular classes meet seven days a week. visitors are always welcome!



Aikido of Champlain Valley

257 Pine Street | Burlington, VT | 802-951-8900 | www.burlingtonaikido.org

Aikido of Champlain Valley is a federal 501(c)(3) not-for-profit organization.
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gender or sexual orientation in our admissions or employment.

