



CLOUD MOUNTAIN
AIKIDO

PHIL TRAUNSTEIN

6TH DAN, SHIHAN

BENJAMIN PINCUS

6TH DAN, SHIDOIN

OUTDOOR WEAPONS RETREAT

JULY 13, 2024

12-1:15pm Traunstein weapons
1:30-2:30pm Pincus weapons
2:45-3:45pm Traunstein weapons
4-5pm Body Arts

6pm Potluck Party, grill available
fee: \$65

Arrive early with your picnic lunch. Outdoor camping available Saturday night.
Due to the isolated location and rustic nature of our accommodations, please pre-register by emailing us, and come prepared with everything you will need for the weekend, including camping gear and food. A walk-in cooler is available for food storage.

The dojo is also available for overnight accommodations if you do not have a tent.
Bring your own bokken, jo, tanto, kodachi, sleeping bag, bathing suit, towel.

Hosted by Cloud Mountain Aikido
Roxbury, Vermont
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