

Darrell Bluhm

7th dan
Birankai Shihan

November 14 & 15

SATURDAY, NOV 14

12:30-1:15

FELDENKRAIS FOR AIKIDOKA

1:30-5PM

BODY ARTS AND WEAPONS

6PM

POTLUCK PARTY

SUNDAY, NOV 15

9AM-12PM

BODY ARTS AND WEAPONS

\$90 SATURDAY

\$105 SATURDAY/SUNDAY

\$60 SUNDAY

BRING BOKKEN AND JO

SCHOLARSHIPS AND LODGING AVAILABLE

PRE-REGISTER AT WWW.BURLINGTONAIKIDO.ORG



Aikido of Champlain Valley

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