

# Darrell Bluhm

November  
16 & 17

7th dan, Birankai Shihan



SATURDAY, NOV 16

10:45AM-12PM  
BREATHWORK/FELDENKRAIS  
FOR MOVEMENT ARTISTS  
(PUBLIC WELCOME)

1PM-5PM  
AIKIDO

6PM  
POTLUCK

SUNDAY, NOV 17

10-11AM  
BREATHWORK/FELDENKRAIS  
FOR MOVEMENT ARTISTS  
(PUBLIC WELCOME)

11:15 - 1:15 PM  
AIKIDO

COST  
\$75 SATURDAY  
\$95 THE WEEKEND  
\$55 SUNDAY

BRING BOKKEN AND JO  
SCHOLARSHIPS AND LODGING AVAILABLE



HOSTED BY

**Aikido of Champlain Valley**

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A BIRANKAI AFFILIATED DOJO