

• • • • • AMERICAN FLATBREAD • • • • •

BENEFIT BAKE



Tuesday December 20th

• • • • • 5-11:30PM Burlington Hearth • • • • •

American Flatbread (Burlington Hearth) will donate a portion of the proceeds from every flatbread to the **Aikido of Champlain Valley Youth Program**, which provides scholarships and after-school programs for children in need.

Aikido is a traditional Japanese martial art that teaches peaceful conflict resolution and positive social values such as honesty, courage, and compassion while promoting physical fitness and well-being in a safe and fun environment. Visit **www.burlingtonaikido.org** for more info.



Aikido of Champlain Valley

257 Pine Street | Burlington, VT | 802-951-8900 | www.burlingtonaikido.org

Aikido of Champlain Valley is a federal 501(c)(3) not-for-profit organization. We do not discriminate on the basis of race, religion, ethnicity, national origin, gender identity or sexual orientation in our admissions or employment.

